



O/Modernt at Medevi Brunn *Music & Wellness*

11—17 July 2025



o/mod Θ rnt



YOU ARE INVITED TO

Medevi Brunn, Scandinavia's oldest health resort, where **O/Modernt** offers concerts and classes in meditation, yoga and movement in the grounds of the historic spa. Join us for a day or two, or the entire week, from **Friday 11 July to Thursday 17 July 2025**, and experience a week of musical inspiration, wellness activities and cultural immersion in a setting that has welcomed guests since 1678.

medevibrunn.se

o / modəˈrnt

Founded and directed by violinist and conductor **Hugo Ticciati**, O/Modernt is a unique chamber collective that reimagines traditional concert programming through interdisciplinary collaborations. By interweaving classical repertoire and contemporary works, and partnering with artists across diverse fields, O/Modernt transforms every performance into a journey of unexpected connections.

omodernt.com





O/MODERNT PRESENTS

- **Afternoon and Evening Concerts** (12, 13, 16, 17 July), featuring innovative programmes that bridge eras and genres.
- **Candlelit Chamber Concerts** at 21:30 (11–17 July), performed by chamber ensembles in the resort's historic ambience.
- **Daily Music and Meditation** (08:30–09:10) with *Hugo Ticciati*, your guide to mindful listening and inner stillness.
- **Yoga Sessions** (10:30–11:30) designed to open the body and deepen awareness.
- **Movement and Voice Workshops** (15–17 July) with *Emma Bonnici*, exploring embodiment, guided improvisation and collective song creation.

Whether you're a musician, a meditator, or simply curious, O/Modernt at Medevi offers a holistic experience to nourish the heart, mind and soul!

OTHER ACTIVITIES

- **Guided Historical Tours** of the Brunnshotell, Apoteket (Pharmacy), Piperska Huset and Lazarettsmuseet. Learn about the work of the royal physician and scientist, Urban Hjärne (1641–1724), admire architecture from the 17th, 18th and 19th centuries, and step into spaces where spa traditions flourished.
- **Traditional Brunnsprogram** (mid-June to early August)
 - 08:00–08:40 Revelj Morning Concert (Sundays)
 - 15:00–16:00 Afternoon Concert (daily except Mondays)
 - 19:30–20:15 Evening Concert (daily except Mondays)
 - 20:45–21:20 Marschkonsert (every evening)
 - 21:00–21:20 'Grötlunken' (every evening)
 - 21:45–22:30 Skymningskonsert (Fridays, weather permitting)

continued...





OTHER ACTIVITIES

- **Outdoor Recreation**

- Stroll through the **Östgötaleden to Torpa Sand** (1.5 km) to enjoy a sandy beach and a swim in the Vättern.
- **Boat trips and Fishing** on Lake Vättern. Ask at reception for rental and guided options.
- **Kägelspel** (ninepin bowling) in the restored **Kägelbana** or **ring-toss** outside Societeten.
- **Gym and Yoga** – additional classes available on request.

- **Nearby Excursions** (0–30 km)

Verner von Heidenstam's **Övralid** (7 km), **Nubbekullen** (2 km), **Godegårds Porcelain Museum**, **Varamobaden** beach (17 km), **Motala Motormuseum** and **Rundradio-museum** (17 km), **Göta Canal** heritage sites, **Vadstena** (31 km), **Askersund** (26 km) and **Stjernerunds Slott** (24 km; summer tours).

SLEEPING AND EATING AT MEDEVI BRUNN

ACCOMMODATION

- **Brunnshotellet** rooms range from intimate 17th-century bedrooms to historic suites, all furnished in period style. All rooms are TV-free to encourage relaxation.
- **Check-in from** 15:00 at Wärdshuset (reception open daily 08:00–21:00)
- **Check-out** 08:00–11:00 at Wärdshuset
- **WiFi** Limited to designated common areas

continued...



SLEEPING AND EATING AT MEDEVI BRUNN



DINING

- **Chef Conny Gustafsson** (formerly Operakällaren) creates menus from locally sourced seasonal ingredients.
 - **Breakfast:** Mon–Fri 08:00–10:00 / Sat–Sun 08:30–10:00
 - **Lunch:** Daily 12:00–14:00
 - **Dinner:** Daily 18:00–21:00
- Seasonal specials include traditional Swedish fare, five-course menus and café offerings (coffee and pastries) at **Schweizeriet** in the park.



ABOUT MEDEVI BRUNN

Founded in 1678 by Urban Hjärne, Medevi Brunn was centred around a revered medieval healing spring. Patronised by Swedish nobility and royalty, the resort expanded rapidly in the 18th century, becoming a summer gathering place for elites, including the prominent von Fersen family and members of the 19th-century upper middle-classes. Today, Medevi Brunn welcomes a broad audience of history buffs, nature lovers, wellness seekers and music aficionados.

Wander through 50 historic buildings, from stately rooms of the Brunnsshotell to the 1771 Brunnskyrkan (chapel), and feel the echoes of centuries: the rustle of ancient oaks, the golden brass tones of the Brunnsorkester and the soft murmur of the healing waters. Whether you're savouring spring water from the Högbrunn, exploring the Apoteksmuseum, or joining the nightly Grötlunken walks through the park, Medevi Brunn offers an unforgettable blend of culture, tranquillity and natural beauty.

medevibrunn.se



Grötlunken from the early days



Water served in Högbrunn



Medevi Brunns Orkester ("MBO") in the park



Medevi Brunns Orkester in the early days



Grötlunken today



MBO leading Grötlunken

BOOK NOW FOR SUMMER 2025!

Discover how music, history and wellness converge at Sweden's oldest spa resort, where every moment is an invitation to unwind, explore and be inspired.

LOCATION

Medevi Brunn is located 18 km north of Motala, Östergötland (off Riksväg 50)

CONTACT

medevibrunn.se | omodernt.com

Email: hotell@medevibrunn.se

Phone: +46 (0)141 911 00



o/modərnt

